

JFKFFC Reopening ALL Respondents

Tuesday, July 14 - Monday, July 20,
2020

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JFKFFC Reopening Survey Summary – ALL respondents

- 166 total responses out of 275 members (60% response rate); 74%-Feds, 12%-State; 15%-City
- 53% (87 members) WOULD use gym IF lockers available, ONLY 20% (33 members) if NO lockers and NO showers. 16% (26 members) not returning - most work from home
- 33 % (52 members) would use facility 3 days/week; 1.Wed, 2.Tues, 3. tie Mon & Thurs – suggest go with Thurs as holidays often fall on Mondays
- Overwhelming majority would like to work out the 10:30-2:30 time frame for up to 60 minutes
- Top preferred exercise equipment: 1. treadmill, 2. free weights, 3.dumb/kettlebells, 4. pin-set machines, 5. ellipticals
- 16% (26 members) would be interested in in-person yoga; 25% (41 members) in online yoga
- 85% would wipe down after use, 81% before use, 73% hand sanitizer, 63% face covering
- 56% would like membership reimbursement to be applied toward next year's fees

Q1: Please identify your employment entity status. (chose one)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
Federal employee (or contractor to a Federal agency)	73.78%	121
State employee (or contractor to a State agency)	11.59%	19
City employee (or contractor to a City agency)	14.63%	24
TOTAL		164

Q2: Under which locker/showering circumstances might you consider returning to use of the JFKFFC? (Choose one).

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES
Yes - I would be interested in using the gym if the showers were closed/unavailable as long as I could change my clothes/use lockers.	32.93% 54
Yes - I would be interested in using the gym if BOTH the showers were closed AND I could NOT change my clothes (essentially the locker rooms are closed and only the fitness floor and equipment are open/available).	20.12% 33
No - I would NOT be interested in using the gym if the showers were closed/unavailable.	14.63% 24
No - I would NOT be interested in using the gym if BOTH the showers were closed AND I could NOT change clothes (essentially the locker rooms are closed and only the fitness floor and equipment are open/available).	16.46% 27
None of the above - I have already decided not to come back to the JFKFFC - please indicate reason below.	15.85% 26
TOTAL	164



WINNER

Q3: On an average week, how many days would you want access to use the JFK Fitness Center ? (choose one)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
0 (none) - I will not be returning to the fitness center	18.29%	30
1	3.05%	5
2	26.83%	44
3	31.71%	52
4	10.98%	18
5	9.15%	15
TOTAL		164



Q4: What/which days of the average week would you be targeting to utilize the JFK fitness center? (check all that apply)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
None - I will not be returning to the fitness center	19.51%	32
Monday	49.39%	81
Tuesday	57.93%	95
Wednesday	63.41%	104
Thursday	49.39%	81
Friday	29.88%	49
Total Respondents: 164		

Show

Place

WIN

Show

Q5: What time block of the day would you most likely utilize the JFK fitness center ? (choose one)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
none - I will not be returning to the fitness center	16.46%	27
early morning (6-10am)	12.80%	21
lunchtime/midday (10:30-2:30)	52.44%	86
afternoon/work (3-7pm)	18.29%	30
TOTAL		164



Q6: How long/duration would your average workout be? (choose one)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
none - I will not be returning to the fitness center	15.85%	26
15 minutes	0.61%	1
30 minutes	14.02%	23
45 minutes	29.27%	48
60 minutes	40.24%	66
TOTAL		164



Q7: Which types of equipment would you be interested in using upon your JFKFFC facility visit? (check all that apply).

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
none - I will not be returning to the fitness center	15.85%	26
bikes (recumbent or upright)	23.17%	38
treadmills	51.83%	85
rowers	13.41%	22
stair climbers/steppers	7.32%	12
ellipticals	27.44%	45
dumbbells/kettlebells	33.54%	55
loose/free weights	46.34%	76
pin-set strength machines	30.49%	50
resistance bands	11.59%	19
yoga belts	3.05%	5
floor mats	21.95%	36
Other (please specify)	6.71%	11
Total Respondents: 164		



Q8: Which group exercise classes would you participate IF they were held IN-PERSON? (in the JFKFFC facility) (check all that apply).

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
None - I will not be returning to the fitness center	15.85%	26
None - I am not interested in group exercise classes	61.59%	101
Yoga	15.85%	26
Boot camp	9.76%	16
HIIT - High Intensity Interval Training	9.76%	16
Total Respondents: 164		

Q9: Which group exercises classes would you participate IF they were held ONLINE from the privacy of your own home) (check all that apply).

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
None - I am not returning to the fitness center	9.76%	16
None - I am not interested in group exercise classes	56.10%	92
Yoga	25.00%	41
Boot camp	15.85%	26
HIIT - High Intensity Interval Training	18.29%	30
Total Respondents: 164		

Q10: Which of the following hygiene techniques do you intend to employ during your workouts at the JFKFFC? (check all that apply)

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
none	10.37%	17
wear a face (nose and mouth) covering	63.41%	104
wear gloves	18.90%	31
hand sanitizer	73.17%	120
wipe down equipment before use	80.49%	132
wipe down equipment after use	85.37%	140
bring in your own mat for floor usage	20.73%	34
Other (please specify)	3.66%	6
Total Respondents: 164		

Q11: Which of the following compensation options would you prefer/endorse for the months where it was not possible to access the JFKFFC? (choose one).

Answered: 164 Skipped: 0

ANSWER CHOICES	RESPONSES	
Refund for the months in which the JFKFFC was closed	43.90%	72
Credit towards next years (2021) membership fee	56.10%	92
TOTAL		164

