

**Minutes February 2014 Meeting
JFK Fitness Center Board of Directors**

Date: February 25, 2014

Time: 10:00 AM

Place: JFK Fitness Center

Attendees: Bob Broadhurst
John Burt
Allen Jokinen
Tamara McDonald
Steve McMullin
Deborah Osborne

Bruce Cohen

Absent: Erika Broadhurst
Steve Mills

Secretary's Minutes: The minutes of the prior meeting had been previously distributed and approved via email. They have been posted on the Fitness Center web site.

Treasurer's Report: The Board discussed Center financials with Deborah Osborne, the new co-treasurer. Insurance costs are up. Workers compensation payment is due.

In the near future, the Board will consider purchase of new equipment. The leg press machine broke and was repaired. The Center has been fortunate with the need for equipment repairs.

Wellness/Fitness Presentations: Kayli Davis will give wellness/fitness presentations to the Department of Labor and OSHA in March and April. We will offer membership discounts to seminar attendees.

A revised Wellness Independent Contractor document was shared with and unanimously approved by the Board.

Exercise DVDs: These new DVDs, for use in the aerobics room, seem very good and are suitable for small classes. They include weight lifting and cardio DVDs. They have to be signed out by a member.

Tamara McDonald and Bruce Cohen will research the purchase of a new TV.

Blue Cross and Blue Shield Network Prime: As in previous meetings, the Board once again discussed this issue.

There is considerable uncertainty if this would benefit the Center. How to reliably track use? Would the Center be adequately compensated? How would it affect membership? It seems very complicated administratively.

The general Board consensus is to table this issue for a year. If membership declines, we could reconsider.

Elections: After this meeting, a Notice of Election and Solicitation of Interest was posted to the Center bulletin board and distributed electronically to the membership.

As a result, Robert Broadbent, Steve Mills and Deborah Osborne will remain on the Board. We welcome Jill Steinberg as a new Board member. Congratulations to all.

Various: The nurse has been directing potential members to the Center.

GSA has published fitness items in their tenant newsletter.

The new yoga instructor is excellent. John Burt spoke highly of her.

There was some brief discussion of the possibility of extending Center hours. The cleaners require sufficient time with the Center closed to perform their duties and leave by 8:30 PM.

Next Board Meeting: April 29, 2014 at 10:00 AM.

Respectfully submitted,

Allen Jokinen

Meeting Agenda for Tuesday, February 25th at 10 AM

- **Secretary's Minutes**

- **Treasurer's Report**

- **Bruce's Report (Membership, Equipment, etc.)**

- **Unfinished Business**
 - **BC/BS Network Prime**

 - **Board Elections for CY 2014**

- **New Business**
 - **None**

- **Announcements**
 - **None**